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**Creating happiness by taking care of the heart of Wat Rong Lek School Nobpitam
Subdistrict, Nakhon Si Thammarat Province.**

Assistant Professor.Kamlai Somrak
Lukshmon Lukshanawimol
Nabila Leekitkosol

Wat Rong Lek School Nobpitam Subdistrict, Nakhon Si Thammarat Province. People with mental health problems experience anxiety and change their lifestyle. As a result, violence occurs. Drugs and Crime Starting from the primary, secondary, and tertiary levels, which are at risk and have mental health problems. Especially parents of students who are at risk of mental health. Therefore, this project focuses on managing mental health problems, which is an important process of developing students' learning potential, adaptation, and quality of life. Manage various risky behaviors that are major obstacles to education and life safety. It is the potential to occur at the age of learning at both the primary, secondary, and tertiary levels. Family, Society, and National Development The loss cannot be estimated. The target group of this activity is school administrators. This is in line with promoting activities to create happiness by caring for students in schools about loving and understanding themselves. Inspire people to live Self-observation and coping with uneasiness are at ease. As well as creating happiness for yourself and sharing it with those around you. The target group of this activity is students in schools, and the project is monitored and evaluated by the working group and partners with support from many agencies, such as the Sub-district Health Promoting Hospital. Sub-district Administration Organization, Walailak University, etc.

The process of caring for the happiness of students' lives is an important strategy that confirms that it can respond to the quality of care therapy. It can truly help and rehabilitate people facing psychiatric and mental health problems. It helps people with mental health to have a positive development process. Be responsible for yourself, others, and the environment, and build self-worth and self-esteem. Wat Rong Lek School has joined the operation plan this time. A working group has been appointed to screen students' mental health during the first and second weeks of the school year and after the project activities. The target group of this activity is the Operating Committee and network partners such as the Hospital. Students in the school have set the direction and develop their potential by the management and the working group,

as well as jointly formulate and announce the implementation policy to create happiness by taking care of the heart.

The results of the project showed that the students changed and were satisfied with taking care of themselves and those around them. Level 4 or more (out of 5) The working group can manage the project to create happiness by taking care of the hearts of 16 people. Teachers and students can take care of themselves. Can be shared with those around you. 90 percent of executives Teachers and students have the skills to observe themselves and can cope with initial uneasiness and comfort 85 percent. 86% of the target group had a change in their mental health status for the better. At least 80 percent This is in line with promoting activities to create happiness by caring for students in schools about loving and understanding themselves. Inspire people to live Self-observation and coping with uneasiness are at ease. As well as creating happiness for yourself and sharing it with those around you. In line with Sustainable Development Goal 3 Ensure good health, and promote well-being for everyone at every age.) Together with strengthening the cooperation mechanism of the support network partners by the Sustainable Development Goal 17.: Partnerships to achieve the Goal) Strengthen the means of implementation and revitalize the Global Partnership for Sustainable Development.