

SE2024038

Promote the consumption of food for good health at Wat Thewadaram School, Tha Khun Subdistrict, Tha Sala District, Nakhon Si Thammarat Province.

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This project is implemented under the framework of the Sustainable Development Goals, Goal 3: Ensure good health and promote well-being for all at all ages, under the name: Promote health, produce and consume organic vegetables at home in Ban Talae Pang, Hua Sai Subdistrict, Hua Sai District, Nakhon Si Thammarat Province. The project's objective is to allow the local community to grow vegetables without chemicals and consume vegetables grown at home.

In this project, there is a process of operation this project is a community that wants to solve problems in the community by using capital and potential to drive work in the community of Ban Talay Pang. There are 290 actual households, with a total population of 936 people, 460 males and 476 females. Of the total number, there are 194 elderly people aged 60 and over, accounting for 21 percent, 123 youths (aged 15-25), accounting for 13 percent, 120 children under 14 years old, accounting for 12 percent, and 25 disabled people, accounting for 2.67 percent. In terms of the health survey results of the people in the community, it was found that there were 83 patients with high blood pressure, 37 diabetes, 21 high cholesterol, and 141 chronic patients, accounting for 14.64 percent of the total population. Topography It is approximately 5 kilometers from Hua Sai District. It is adjacent to the coast of Ban Phraek Mueang, Na Saton Subdistrict, and to the north is Ban Hua Sai, Village No. 1. Topography It is a lowland area with rice fields. During the rainy season, there is flooding. There are two seasons: the rainy season and the summer season.

A working group with project management capability was established. Households had knowledge of growing and consuming chemical-free vegetables in the community. An environment conducive to growing and consuming chemical-free vegetables in the community was created. Households grew and consumed chemical-free vegetables. Activities in July 2024 (between 5-6 and 12-13 July 2024) The Ban Talay Pang Project Committee visited the members' houses to follow up on vegetable planting. The summary of the activities is as

follows: 1) The project committee visited the houses of 25 group members to provide advice, consultation, and inspiration for vegetable planting. It was found that 98 percent of members had already planted vegetables and were starting to receive yields. 50 percent of the problems found were diseases and insects in cucumbers and Chinese kale. 2) Households grew 5 types of vegetables: chili, eggplant, cucumber, Chinese kale, and morning glory without using chemical fertilizers in the community. Satisfaction = 96

This project provides academic services in the form of Social engagement, in collaboration with various networks and relevant agencies, including Walailak University Hospital, Faculty of Nursing, Faculty of Medicine, Faculty of Allied Health Sciences, Faculty of Pharmacy, Faculty of Public Health, Hua Sai Subdistrict Health Promoting Hospital, Talae Pang Village Committee, Talae Pang Village Community President, Talae Pang Village Health Volunteers, Talae Pang Village Agriculturalists, and District Land Development/Volunteer Soil Doctors, as well as the Faculty of Nursing Science, to create an operational plan for academic services and Social engagement for target communities by integrating the academic service project with teaching and learning in the subjects of Health Promotion and Protection, Community Nursing Practice, and Community Health System.