



## Occupational group development project with physical activity to increase extra income and good physical and mental health at Ban Muang Mai.

3 GOOD HEALTH AND WELL-BEING



17 PARTNERSHIPS FOR THE GOALS



2 ZERO HUNGER



**Outcomes:** 1) A strong working group 2) a professional group of hand-sewn fabric products 3) a group of local food professionals 4) physical activity group 5) 2 product formats that are unique to the community 6) Physical and mental activity promotion group 80 % had better mental health (50 people) 7) the professional group is a member of a dance group for health and continuously participate in activities 80%



**Target population:**

60 individuals who suffered from the pandemic situation

- 1) The hand-sewn fabric products professional group
- 2) Local food professional group
- 3) Physical activity group

**Core SDG: 3.3.2 Health outreach programmes.**

**Related SDGs: 2.5.1 Access to food security knowledge**

**17.2.1 Relationships with regional NGOs and government for SDG policy**

**SDGs (Agenda): Outreach & Engagement**

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MORE INFORMATION

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