

Design of the Local Health Charter towards The Implementing Care for Healthy Ageing

: Nasan Municipality, Praprom District, Nakhon Si Thammarat Province



“Expand investments in health care infrastructure for NCDs prevention and early detection; expand public health policies to full population health goals, under the Philosophy of sufficiency economy have basic sufficiency in food and adequate living.”

– Project objectives



Local Health Charter for Healthy Ageing

a good model of the community in Praprom District



3 major parties

1) Governments:
Praprom District Chief, Praprom District health promotion officers, Local governments of Nasan Municipality, Director of community health service center.

2) Civil society:
the 7 village health volunteers served as the coordinator include elderly patients, 7 village community leader, NGO community leader and people in the community.

3) Academics:
the Nursing instructors from School of Nursing, Walailak University, Committee of Health Region 11th.

8 key points of the Local health charter

1. Community collaboration to create guidelines "Phra Phrom Araya Kesate.
2. Engagment.
3. Implementing a system for elderly care
4. Providing dental services for everyone.
5. Promoting traditional Nora (Thai cultural dance)
6. Conducting home visit in the Long-term care patients
7. Monitoring patients regulary
8. Conducting annual health screenings for the elderly

