

Promoting Second Jobs and Mental Health : Ban Nai-Khor Village

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Analyzing community by leader and Village Health volunteer and SON



Stress from covid-19 ,
Social distancing , less of
income and knowledge for
caring mental health
(n=115)

Youth leader and collaboration with teams. (Governments & NGOs)



- cracker,
- Catfish group,
- Learning marketing online
- Exercise group,
- Caring mental health support



Strong community leader groups
Learning center,
Youth leader



Improved mental well being

