

Mental Health Promoting, Bio Fertilizer, Tie Dye Cloth, and Increase Income at Krom Luang II community, Tha Taphao Subdistrict, Mueang District, Chumphon Province.



Core SDGs 3.3.2 Health outreach programs, 1.4.1 Local start-up assistance
Related SDGs 2.5.1 Access to food security knowledge, 17.2.5 Collaboration with NGOs for SDGs

Background:
The main occupation in the Krom Luang II community is trading. During the spread of COVID-19, 155 people in this community were anxiety, and 50 people experienced stress. They changed consumption behavior to ordering products and food online. Other problems include unemployment (20 people), not enough family income (38 households), and income decreased around 45 people, and people in the community consumed a lot of food that was contaminated with chemicals in vegetables. The community needed knowledge for spending, creating family income, and health literacy.

Time frame: 1 January 2023 - 31 December 2023
Target population:
1. 15 Community committee.
2. 50 People who had affected by the COVID-19 pandemic situation

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<https://www.facebook.com/Taibon40/>
<https://nurse.wu.ac.th/> <https://cas.wu.ac.th/>

Method:

- 1.The community committee was trained as core personnel of the project.
- 2.Survey people who had been affected by Covid-19 and mental health and meeting teams and recruit affected people into occupational groups.
- 3.The target population trained to do bio-fertilizer and tie-dye clothes with network partners.
- 4.The target population participated in a workshop for health care and income and expense account.
- 5.Organize a monitoring and meeting to evaluate results and improve results together with the team.
- 6.They cooperated with other community members, and successfully project. Finally, the project was expanded to everyone in the community and others who are interested in the knowledge management strategy at Academic Building 2, School of Nursing, Walailak University.

Outcomes: The Krom Luang II Community has 3 occupation groups including planting vegetables organic, bio-fertilizer, and tie-dye clothes. More than 80% of the target population increased family income. The impact was the improvement in mental health more than 80%. Consumption of safe food and good relationships in the community was 80%

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