

# New Way of Life, Caring for the Community, Promoting Mental Health in Khlong Sai

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## SITUATION

- The COVID-19 outbreak has had an impact on the livelihoods of the people in the community.
- The closure of the community and the shutdown of local markets have prevented the community from being able to sell their products.
- The population has experienced a decrease in income and a rise in unemployment.
- There is heightened anxiety, reluctance to leave homes, fear, and the emergence of stress-related conditions.

## TARGET POPULATION

•The total participants in the project are 60 people, consisting of a working committee of 15 individuals and a community impact group of 45 people. This includes the group affected by the COVID-19 pandemic (stress) and the group of individuals who lost their jobs due to the pandemic situation.



## PROCEDURE

- Develop leadership potential, health knowledge, and household financial skills.
- Convene a working committee meeting to establish structures and roles within the three occupational groups.
- Monitor the progress of the three occupational groups.
- Conduct online marketing in collaboration with the community network.
- Monitor and evaluate outcomes.



## OUTCOME

- Knowledge and skills in supplementary occupations, pesticide-free vegetable cultivation, weaving, and animal husbandry have increased by 80%.
- There is a marketing system in place using LINE and Facebook pages for selling products.
- Income has increased by 80% (45 people).
- Mental health has improved by 80% compared to before (60 people).
- One blended economy learning center has been established.

## MORE INFORMATION

- <https://facebook.com/Taibon40/>
- <https://nurse.wu.ac.th>
- <https://cas.wu.ac.th>

