

Banprujumpa fight against Covid-19 pandemic, creating occupational class, and health care: Tapkrasattri sub-district, Thalang District, Phuket province



By Kumlai Somrak, Chadjane Jantarapat, Saby Yeesa and Saowanee Chaiyawan

**Core SDGs : 3.3.2 Health outreach programmes
: 2.5.1 Access to food security knowledge,
Related SDGs : 17.2.1 Relationships with regional NGOs and
government for SDG policy**



SITUATION

- Covid 19 pandemic not only affected people in this community but also social and economic dimension because the policy for reducing of spared Covid 19 such as isolation, quarantine, and closed business.
- include working ages laid off (51.6% or 100 persons)
- unemployed persons increase (66.1% or 207 persons)
- 90 mental problem persons include stress (9.8%) and anxiety (0.1%)
- no income, and 129 households' debts happen (26.5%)

OBJECTIVES

To support the creation of a career for people, to have career role model for reducing payment, to increase income of person, to reduce paying of person, and to reduce stress and anxiety, to promote physical and mental health, and to enhance people's quality of life.



Time frame: 1 January 2023-31 December 2023



TARGET POPULATION

15 committees, 135 persons who affected by Covid 19 pandemic and 200 persons from households in Banprujumpa subdistrict.

PROCEDURE

1. Appointing the working team for sustainable development and suitable solution problems of community and have a monthly meeting with team.
2. Announce to apply member of career group.
3. Mental health assessment of target population via test and organize physical health check-up and record for monitoring at least every 3 months.
4. Choosing appropriate creating occupation that is mushrooms cultivation
5. Promoting physical and mental health, and social relationship reduce stress, and increase happiness with group activities.
6. Working team conduct monitoring and evaluation both grey oyster mushroom cultivation and exercise group and then give feedback information for community.
7. Evaluation of mental health of target group after implementation.
8. Knowledge management from learning especially how to cultivate a grey oyster mushroom.



OUTCOMES

- Having occupation for cultivation of grey oyster mushroom.
- 35 volunteer persons were member of career group (16.9%), and role model, and 28 persons had knowledge and skill for grey oyster mushroom cultivation (80 %).
- 31 persons increase income (90%), and 35 persons reduce spending (100%).
- 10 % of persons are member of exercise activity group (running).
- 72 persons enhance physical health and reduce stress (80 %).



Impacts:

- Promoting social relation among people in community
- Improving quality of life and well-being
- Be a learning center for inside and outside community.

more information

<https://www.facebook.com/Taibon40>
<https://cas.wu.ac.th/>
<https://nurse.wu.ac.th/>