



PROJECT CODE SE2023149

GROW ORGANIC VEGETABLES GARDEN, PROMOTE HEALTH AND INCREASE INCOME OF KHU KHWANG KHLANG DISTRICT 1 COMMUNITY

Khlang Subdistrict, Mueang District, Nakhon Si Thammarat Province

CORE SDG: 1.4.1 Local start up assistance

RELATED SDG: 3.3.2 Health outreach programmes
4.3.4 Education outreach activities beyond campus
17.2.1 Relationship with regional NGOs and government for SDG policy

Project operators:
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SDGS (AGENDA): Outreach & Engagement



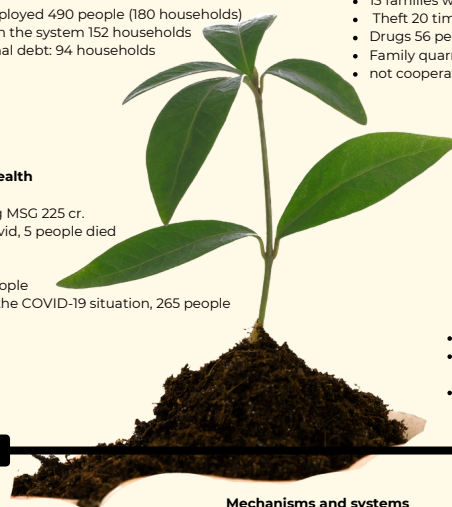
CONTENT STORY



- Behavior**
 - Job selection 196 people
 - There are 490 people who do not have the knowledge and skills to create professional groups.
 - Borrowing money/not planning spending, 246 households
 - There is no household savings accounting system for 246 households.

- Economy**
 - Expenses exceed income for 246 households.
 - Unemployed 490 people (180 households)
 - Debt in the system 152 households
 - Informal debt: 94 households

- Health**
 - Depression 11 people
 - Consuming food containing MSG 225 cr.
 - 123 people infected with Covid, 5 people died
 - Long covid 103 people
 - Diabetes: 89 people
 - High blood pressure: 168 people
 - Stressed and worried from the COVID-19 situation, 265 people



- Society**
 - 13 families were separated.
 - Theft 20 times
 - Drugs 56 people
 - Family quarrels 9 times
 - not cooperating Not participating 150 households

- Environment**
 - It is a source of solid waste for 275 households.
 - Source of infectious disease: blood, mouse urine
 - Bad odor 275 households
 - Slum community 275 households

- Social environment**
 - 1 closed market
 - Grocery stores closed There is no place to sell the product.
 - Group of dependent elderly people: 72 people

- Mechanisms and systems**
 - There is little promotion of additional careers in the community.
 - There is no main government agency to support the community.
 - There is no mechanism to drive the community.
 - There are no clear community rules.
- Environment**
 - Household space is limited to 110 households.

Project outcome	Project activity	Outcome indicators	Result
The committee group and affected people have knowledge and skills regarding health promotion and career enhancement.	<ul style="list-style-type: none"> Establish a committee and hold a meeting to determine the structure. The roles and responsibilities of the working group meet 12 times monthly. Organize a forum to set up a career promotion group and determine the structure, roles and responsibilities and create an operational plan for the group. Learn about promoting careers in vegetable growing groups. Learn about career promotion in the bio-organic compost group. Learn to prepare household accounts. Learn to promote occupational safety. Activities to promote mental health and assess mental health before and after operations 	<ul style="list-style-type: none"> A committee of 15 people was created. The committee had a planning meeting. Evaluate and follow up on project operations regularly and have reports of every meeting. Two career promotion groups were born, with clear structures, duties, agreements, and rules being established. <ul style="list-style-type: none"> - Vegetable growing group, 50 members - Bio-organic compost group, 50 members Occupational groups have knowledge and skills in promoting careers in growing vegetables and organic bio-compost, 80 percent. <ul style="list-style-type: none"> - The affected group has knowledge of household accounting. 	<ul style="list-style-type: none"> A strong working group of 15 people was formed. Two career promotion groups were born: the vegetable growing group, 50 members, the organic bio-compost group, 50 members, with clear rules for operations. The occupational group has knowledge and skills in promoting careers in growing vegetables and fertilizer. Bio-organic fermentation, 100 people, 100 percent
Career health promotion groups are followed up to ensure continuous management.	<ul style="list-style-type: none"> The committee follows up on the work, evaluates the group's performance, and collects, analyzes, and returns information to village forum meetings. Follow up and search for sample households of the target group. Learn about production and online marketing of professional groups and carry out activities accordingly. Continuous career group plans Supporting platform with network partners in the community Establish a point to sell community products. 	<ul style="list-style-type: none"> There is a monitoring committee. Evaluate the performance of occupational groups every month. There is a data set to track performance. There is a form to report the results of monitoring the operations of the occupational group every month. There are at least 25 model households. Members organize group activities continuously, 80 percent There are 5 network partners joining together to support the activities of professional groups. 	No results in this period
Affected groups have increased incomes and better mental health.	<ul style="list-style-type: none"> Evaluate the mental health of people in the community before and after the committee and affected groups before and after implementing the project. Collect household income data for occupational groups <p>Summary of performance results and project summary report</p>	<ul style="list-style-type: none"> The affected group had 80 percent better mental health. The vegetable growing occupational group had increased income or decreased expenses from working in the occupational group by 80 percent. Bio-organic compost group Have increased income or decreased expenses from working in occupational groups, 80 percent 	No results in this period