

Mental health promotion and economic development Project

📍 Ban Thanamnong Village No. 4 Saimark District, Chianyai Sub – district Nakhon Si Thammarat Province.

Community capital and their potential

Agriculture specialist in area of integrate farming system such as organic rice farming, Processing bananas, papaya growing, goat farming, fish farming cage, organic vegetable and curry paste.

Problem situation

- 80 Covid-19 patients
- 20 long covid-19
- 100 people have high risk of covid-19
- 50 depressed patient
- 100 anxiety patient
- 55 household debt burden
- 90 household decreased person's income
- 50 people Losing their job around

Goal

1. strong team (15 member)
2. group of career promotion
3. 90 household improve their mental health after attend this project
4. 10 inspired role model in any are such as 10 sporty remodels, 10 chili past remodels, vegetable farming remodels and 51 household increase income.



Meeting with community household



Find role models



assessing the problem situation together



Exchange knowledge on food processing to make curry paste.



Develop leaders



Exchange knowledge about vegetable farming for table salt.

